



ESOPHAGOGASTRODUODENOSCOPY  
(EGD)

NAME \_\_\_\_\_

FACILITY: \_\_\_\_\_ DOCTOR: \_\_\_\_\_

DATE \_\_\_\_\_ ARRIVAL TIME \_\_\_\_\_

- 1) You may have **NOTHING** to eat, drink, smoke or chew **8 HOURS PRIOR**
- 2) You may take your heart, lung, blood pressure, or seizure medications on the morning of the exam.
- 3) If you use inhalers for lung disease (e.g. asthma, emphysema) on a daily basis, please take your usual dose on the day of your exam prior to your procedure. **PLEASE BRING YOUR INHALERS WITH YOU.**
- 4) If you take Coumadin, Warfarin, Pradaxa (dabigatran) or Xarelto **PLEASE CALL THE OFFICE FOR SPECIFIC INSTRUCTIONS.** Do not stop any other blood thinners unless you are instructed to do so.
- 5) Bring a complete list of current medications.
- 6) After your examination:
  - You may not work or drive the day of your procedure. **A RELATIVE OR FRIEND MUST ACCOMPANY YOU AND MUST REMAIN ON PREMISES. FAILURE TO DO SO MAY RESULT IN CANCELLATION OF YOUR PROCEDURE.**
  - You should not engage in activity requiring physical coordination or mental alertness until the next morning.

If you have any questions or concerns regarding the above, please feel free to contact our office.